

Activities to Encourage Speech and Language Development: Games and Everyday Ideas

- Sing songs or nursery rhymes. CD's and books are available from your local library.
- Read stories. You can choose picture books or story books. Don't worry about reading the story the way it is written. Concentrate on what your child is looking at and name the picture for your child to hear the words.
- Do craft activities (e.g., play dough, colouring, hand or footprints, or finger painting). Talk about what your child is doing or what you are doing as you enjoy your time together.
- Do baking activities (e.g., cookies, pudding, or decorating cakes/cupcakes). Talk about what your child is doing or what you are doing as you enjoy your time together.
- Play card games (e.g., Go Fish, Crazy Eights, Memory, or Uno, etc.)
- Play board games (e.g., Snakes and Ladders or Checkers, etc.)
- Wash the car or bike.
- Put puzzles together and talk about the picture.
- Make surprise bags (e.g., collect objects from around the house and have your child reach in and get the items).
- Make puppets out of socks, paper bags, or Popsicle sticks and put on a puppet show.
- Look through photo albums or make an "All about Me" book.
- Play "telephone".
- Play pretend games (e.g., dress up, doctor, or restaurant).
- Go shopping. Name items as you put them in the cart, Have your child help you to get grocery items or carry items.
- Go on an outing (e.g., restaurant, library, park, zoo, or animal farm). Talk about where you are going, what you see when you get there, and what you did on the way home again.

Reference: "One-on-One Activities" - no source.