

## Developmental Milestones

Age	Milestone
<b>By 6 weeks</b>	<ul style="list-style-type: none"> <li>• stares at surrounding when awake</li> <li>• briefly looks at bright lights/objects</li> <li>• blinks in response to light</li> <li>• eyes and head move together</li> </ul>
<b>By 3 months</b>	<ul style="list-style-type: none"> <li>• eyes glance from one object to another</li> <li>• eyes follow a moving object/person</li> <li>• stares at caregiver's face</li> <li>• begins to look at hands, food and bottle</li> </ul>
<b>By 6 months</b>	<ul style="list-style-type: none"> <li>• eyes move to inspect surroundings</li> <li>• eyes move to look for source of sounds</li> <li>• swipes at or reaches for objects</li> <li>• looks at more distant objects</li> <li>• smiles and laughs when he or she sees you smile and laugh</li> </ul>
<b>By 12 months</b>	<ul style="list-style-type: none"> <li>• eyes turn inward as objects move close to the nose</li> <li>• watches activities in surrounding for longer time periods</li> <li>• looks for a dropped toy</li> <li>• visually inspects objects and people</li> <li>• creeps toward favorite toy</li> </ul>
<b>By 2 years</b>	<ul style="list-style-type: none"> <li>• guides reaching and grasping for objects with their vision</li> <li>• looks at simple pictures in a book</li> <li>• points to objects or people</li> <li>• looks for and points to pictures in books</li> <li>• looks where he or she is going when walking and climbing</li> </ul>

## As their vision develops, babies enjoy:

Age	Milestone
<b>By 6 weeks</b>	<ul style="list-style-type: none"> <li>• looking at you while you hold them close</li> <li>• looking at toys with bright colors</li> <li>• looking at objects with reflective qualities (such as mirrors)</li> <li>• watching mobiles with simple black and white shapes</li> <li>• watching things that move</li> </ul>
<b>By 3 months</b>	<ul style="list-style-type: none"> <li>• studying your face</li> <li>• watching toys move from the side to the front of them</li> <li>• looking at and reaching for objects hanging across their cribs</li> <li>• toys with bright colors and interesting patterns</li> <li>• using a night light in their rooms</li> </ul>
<b>By 6 months</b>	<ul style="list-style-type: none"> <li>• looking at their reflection in a mirror</li> <li>• looking back and forth between two favorite objects</li> <li>• seeing the world from different positions (e.g., high chair, floor, other furniture)</li> <li>• toys that have complex patterns and toys that move (e.g., “jack in the box”)</li> <li>• playing “peek-a-boo” games</li> </ul>
<b>By 12 months</b>	<ul style="list-style-type: none"> <li>• putting toys in and out of containers (and also in their mouths)</li> <li>• playing with similar objects of different sizes (e.g., stacking rings, nesting cups, blocks)</li> <li>• looking at board books with thick cardboard pages and simple colored pictures</li> <li>• pushing buttons or twisting knobs to make toys start</li> <li>• watching outside activities through a window</li> </ul>
<b>By 2 years</b>	<ul style="list-style-type: none"> <li>• reading books with pictures of simple scenes and objects</li> <li>• looking at photographs of family members and pets</li> <li>• playing with simple board puzzles</li> <li>• using blocks to play with and to build towers</li> <li>• making trips outside to the store, the park, the library to watch people and activities</li> </ul>

### Reference

Taken from Ministry of Children and Youth Services brochure-*Services for children who are blind or have low vision*