

Developmental Milestones

| Age | Milestone |
|---------------------|--|
| By 6 weeks | <ul style="list-style-type: none"> • stares at surrounding when awake • briefly looks at bright lights/objects • blinks in response to light • eyes and head move together |
| By 3 months | <ul style="list-style-type: none"> • eyes glance from one object to another • eyes follow a moving object/person • stares at caregiver's face • begins to look at hands, food and bottle |
| By 6 months | <ul style="list-style-type: none"> • eyes move to inspect surroundings • eyes move to look for source of sounds • swipes at or reaches for objects • looks at more distant objects • smiles and laughs when he or she sees • you smile and laugh |
| By 12 months | <ul style="list-style-type: none"> • eyes turn inward as objects move close to the nose • watches activities in surrounding for longer time periods • looks for a dropped toy • visually inspects objects and people • creeps toward favorite toy |
| By 2 years | <ul style="list-style-type: none"> • guides reaching and grasping for objects with their vision • looks at simple pictures in a book • points to objects or people • looks for and points to pictures in books • looks where he or she is going when walking and climbing |

As their vision develops, babies enjoy:

| Age | Milestone |
|---------------------|---|
| By 6 weeks | <ul style="list-style-type: none"> • looking at you while you hold them close • looking at toys with bright colors • looking at objects with reflective qualities (such as mirrors) • watching mobiles with simple black and white shapes • watching things that move |
| By 3 months | <ul style="list-style-type: none"> • studying your face • watching toys move from the side to the front of them • looking at and reaching for objects hanging across their cribs • toys with bright colors and interesting patterns • using a night light in their rooms |
| By 6 months | <ul style="list-style-type: none"> • looking at their reflection in a mirror • looking back and forth between two favorite objects • seeing the world from different positions (e.g., high chair, floor, other furniture) • toys that have complex patterns and toys that move (e.g., “jack in the box”) • playing “peek-a-boo” games |
| By 12 months | <ul style="list-style-type: none"> • putting toys in and out of containers (and also in their mouths) • playing with similar objects of different sizes (e.g., stacking rings, nesting cups, blocks) • looking at board books with thick cardboard pages and simple colored pictures • pushing buttons or twisting knobs to make toys start • watching outside activities through a window |
| By 2 years | <ul style="list-style-type: none"> • reading books with pictures of simple scenes and objects • looking at photographs of family members and pets • playing with simple board puzzles • using blocks to play with and to build towers • making trips outside to the store, the park, the library to watch people and activities |

Reference

Taken from Ministry of Children and Youth Services brochure-Services for children who are blind or have low vision